

## **Real World Jesus**

### ***Series: Stay Focused***

Jesus said, “Come to me, all who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.” Matthew 11:28-30

### **Three Steps To Experiencing Life**

#### **1. Turn To Jesus**

“Come to me, all who are weary and burdened, and I will give you rest.” Matthew 11:28

“He gives power to those who are tired and worn out; He offers strength to the weak... those who wait on the Lord will find new strength.” Isaiah 40:29, 31

“Find a quiet, secluded place so you won’t be tempted to role play before God. Just be there as simply and honestly as you can manage. The focus will shift from you to God, and you will begin to sense His grace.” Matthew 6:6

#### **2. Give Up Control**

“Take my yoke upon you...” Matthew 11:29a

“For my yoke is easy and my burden is light.” Matthew 11:30

“Pile your troubles on God’s shoulders—He’ll carry your load and help you out.” Psalm 55:22

“Since we live by the Spirit, let us keep in step with the Spirit.” Galatians 5:25

“Our lives get in step with God by letting Him set the pace.” Romans 3:28

### **3. Learn To Trust Jesus**

“...learn from me, for I am gentle and humble in heart, and you will find rest for your souls.”  
Matthew 11:29b

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