

# Hunger And Happiness

## Elevate: The Truth About Happiness

*“God blesses those who hunger and thirst for righteousness, for they will be filled.”* Matthew 5:6 (NIV)

### What Is Righteousness?

• **Righteousness Is A Relationship:** \_\_\_\_\_

*“The Good News shows how God makes people right with himself.”* Romans 1:17 (NCV)

• **Righteousness Is A Lifestyle:** \_\_\_\_\_

*“...all who practice righteousness are God’s true children.”* 1 John 2:29 (MSG)

*“Righteousness is the road to life...”* Proverbs 12:28 (GN)

### What Does It Look Like To Hunger & Thirst For Righteous?

**1. Remind Myself How Much** \_\_\_\_\_

*“...pray that you have the power to understand how wide, how long, how high, and how deep God’s love really is. May you experience the love of Christ, though it is so great you will never fully understand it. THEN you will be filled with the fullness of life AND the power that comes from God.”* Ephesians 3:18-19 (NLT)

**2. Stop Filling Up On** \_\_\_\_\_

*“The Lord says, “All you who are thirsty, come to me and drink! And to those of you who don’t have money to buy food, come and eat for free! Why do you spend your money on something that isn’t real food and doesn’t really satisfy you? Come to me and you’ll eat what is good; your soul will enjoy the stuff that really satisfies!”* Isaiah 55:1-2

**3. Make** \_\_\_\_\_ **My Main Goal**

*“The thing you should want most is God’s kingdom and doing what God wants. Then all these other things you need will be given to you.”* Matthew 6:33 (NCV)

**4.** \_\_\_\_\_ **Every Day**

*“You must crave the pure spiritual milk [of the Word] so that you can grow into the fullness of your salvation. Cry out for this nourishment like a baby cries for milk!”* 1 Peter 2:2 (NLT)

**5. Do Life With People Who Are** \_\_\_\_\_

*“So you will walk in the way of the good and keep to the paths of the righteous.”* Proverbs 2:20 (ESV)