

# Dependence And Happiness

## Elevate: The Truth About Happiness

*“Blessed are the poor in spirit, for theirs is the Kingdom of Heaven.”* Matthew 5:3 (NIV)

*“The Lord God blesses everyone who trusts him and depends on him.”* Psalm 146:5 (CEV)

To be *“poor in spirit”* means:

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### How Do I Do This?

1. \_\_\_\_\_

*“There is a way that seems right to a man, but in the end it leads to death.”* Proverbs 14:12 (NIV)

*“Trust in the Lord with all your heart; do not depend on your own understanding. Seek his will in all you do, and he will direct your paths. Don’t be impressed with your own wisdom. Instead, respect the Lord and turn your back on evil.”* Proverbs 3:5-7 (NLT)

*“If any of you lack wisdom, you should pray to God, who will give it to you; because God gives generously and graciously to all.”* James 1:5 (GN)

2. \_\_\_\_\_

*“You bless all who depend on you for their strength.”* Psalm 84:5a (CEV)

*“Those who trust in the Lord for help will find their strength renewed. They will rise on wings like eagles; they will run and not get weary; they will walk and not grow weak.”* Isaiah 40:31 (GN)

*“I walk in the strength of the Lord.”* Psalm 71:16a (LB)

3. \_\_\_\_\_

*“God blesses and protects everyone who runs to him.”* Psalm 2:12 (CEV)

*“I depend on God alone; I put my hope in him. He alone protects and saves me; he is my defender, and I shall never be defeated. My salvation and honor depend on God; he is my strong protector; he is my shelter!”* Psalm 62:5-7 (GN)