

What's Holding You Back?

Series: Thrive

Four Things That Hold Us Back From Thriving

1. Holding On To _____

Can all your worries add a single moment to your life? Matthew 6:27 (NLT)

But seek first his kingdom and his righteousness, and all these things will be given to you as well. Matthew 6:33 (NIV)

Give all your worries and cares to God, for he cares about you. 1 Peter 5:7 (NLT)

Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus. Philippians 4:6-7 (NLT)

• **The Way To Move Forward Is To _____**

2. Holding On To _____

Don't be misled; remember that you can't ignore God and get away with it: a man will always reap just the kind of crop he sows! Galatians 6:7 (TLB)

You saw me before I was born. Every day of my life was recorded in your book. Every moment was laid out before a single day had passed. Psalm 139:16 (NLT)

• **The Way To Move Forward Is To _____**

3. Holding On To _____

For where you have envy and selfish ambition, there you find disorder and every evil practice. James 3:16 (NIV)

A heart at peace gives life to the body, but envy rots the bones. Proverbs 14:30 (NIV)

Be thankful in all circumstances, for this is God's will for you who belong to Christ Jesus. 1 Thessalonians 5:18 (NLT)

• **The Way To Move Forward Is To _____**

4. Holding On To _____

To worry yourself to death with resentment would be a foolish, senseless thing to do. Job 5:2 (GNT)

Be gentle and ready to forgive; never hold grudges. Remember, the Lord forgave you, so you must forgive others. Colossians 3:13 (NIV)

Love prospers when a fault is forgiven, but dwelling on it separates close friends. Proverbs 17:9 (NLT)

• **The Way To Move Forward Is To _____**