

Heartbreak And Happiness

Elevate: The Truth About Happiness

“God blesses those who mourn, for they will be comforted.”
Matthew 5:4 (NLT)

“When I kept things to myself, I felt weak deep inside me. I moaned all day long.” Psalm 32:3 (NCV)

“I was silent and held my peace to no avail. My distress only grew worse.” Psalm 39:2 (ESV)

How Does God Bless Broken Hearts?

1. _____

“The Lord is close to the brokenhearted, and He saves those whose spirits have been crushed.” Psalm 34:18 (NCV)

God has said, “I will never leave you; I will never abandon you.” Hebrews 13:5 (GN)

“Our hearts ache, but at the same time we have the joy of the Lord.” 2 Corinthians 6:10a (LB)

2. _____

“When Jesus saw Lazarus’ sister weeping, and He saw how the people with her were weeping also; His heart was touched, and He was deeply moved... Jesus wept. ‘See how much He loved him!’ the people said.” John 11:33-36 (GN)

“He has sent me to comfort all who mourn, to give to those who mourn in Zion joy and gladness instead of grief, a song of praise instead of sorrow.” Isaiah 61:2b-3a (GN)

3. _____

“In Christ we who are many form one Body, and each member belongs to all the others... Be devoted to one another in love... Rejoice with those who rejoice; mourn with those who mourn.” Romans 12:5,10,15 (NIV)

“Therefore encourage one another and build each other up...” 1 Thessalonians 5:11 (NIV)